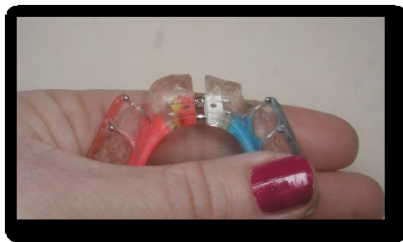


Schwarz Appliance

A Schwarz is a removable lower appliance used to achieve expansion in the lower jaw. Wear time is determined by the doctor but is 6 months, on average. You will turn the Schwarz once or twice per week as instructed at each visit. Constant wear time is crucial and should only be removed for brushing, cleaning the appliance and turns.

HOW TO TURN:

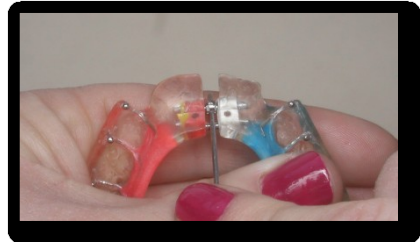
1. Remove Schwarz and brush as needed.
2. Hold the Schwarz firmly, as shown below, with the arrow pointing towards you and down. You will be looking at the underside of the appliance that rests on the teeth.
3. Place the key in the top hole of the screw.
4. Pull the key towards you and down to the bottom until it hits the bar.
5. Pull the key straight out and down out of the hole, being careful to not “un-turn” or rewind.



Hold so arrow is facing you & pointing down



Place key in the top hole



Pull towards you and down to the bottom

Place the Schwarz back into your child's mouth. A “tightness” will be felt if the turn was done correctly.

Be sure that you are turning the Schwarz twice every seven days!

DO NOT STOP TURNING THE SCHWARZ UNTIL WE TELL YOU!

On occasion, tiny pieces of the Schwarz may break off. This is fine as long as the appliance still fits correctly.

FOLLOW US ON OUR SOCIAL MEDIA

