

## Prevident 5000

The doctor has recommended that you use **PreviDent 5000 Booster Fluoride Gel** to protect against cavities and infected gums due to poor oral hygiene and/or a highly acidic diet including soda and sports drinks. **Improved daily hygiene steps** along with use will help prevent white spots from occurring.

### Instructions for use:

1. Brush and floss thoroughly with your regular toothpaste.
2. Then, refill your toothbrush with a moderate amount of PreviDent 5000 and gently brush onto all teeth surfaces, especially right next to the braces.
3. Spit any excess out of your mouth but **DO NOT RINSE**. Do not swallow.
4. **DO NOT EAT OR DRINK FOR 30 MINUTES FOLLOWING TREATMENT!**
5. Do this at least twice a day. We recommend immediately after school and prior to bed.
6. Prevident 5000 will not correct white spots that are present but will help prevent new white spots from developing.



**Don't let this be your teeth!**

**Do NOT Swallow PreviDent 5000**

FOLLOW US ON OUR SOCIAL MEDIA

