

MI PASTE

The doctor has recommended MI Paste to protect against white spot formation due to poor oral hygiene and/or a highly acidic diet including soda and sports drinks.

The best way to describe MI Paste - It is similar to a liquid Calcium that absorbs into the tooth surface to prevent or help heal white spots.

These white spots will be permanent without treating them and even proper treatment can sometimes not reverse the damage that has been done if it is too great.

Instructions for use:

1. Brush and floss thoroughly with your regular toothpaste.
2. Then, refill your toothbrush with a moderate amount of MI Paste and gently brush onto all teeth surfaces, especially next to the braces or where white spots are developing. You can leave it sitting on the "ledges" of the braces.
3. Spit any excess out of your mouth but DO NOT RINSE.
4. DO NOT EAT OR DRINK FOR 30 MINUTES FOLLOWING TREATMENT!
5. Do this at least twice a day. We recommend immediately after school and prior to bed.



White spots caused by plaque buildup, resulting in loss of hard minerals

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