

FORSUS SPRINGS

We placed forsus springs today. These consist of spring rod coils that attach to the bands on the upper molars and to the wire on the bottom arch. This appliance is for more severe malocclusions that cannot be fixed by rubber band wear alone. The spring force produced by the forsus springs will allow the patient to bite in a more ideal way, thus correcting the poor bite.

Advancement tubes, which are small metal tubes, will also be placed on the lower bar at future appointments to help achieve an ideal bite. These tubes will be able to slide on the rod, and you may at times have a tube placed only on one side of the mouth. The amount of tubes for treatment will be decided as the doctor examines the bite during each appointment.

Forsus springs will remain on from 4 to 8 months.

Symptoms that may be noticed:

- Soreness in the jaw; you may take ibuprofen for any soreness that occurs.
- An odd bite, which will make the teeth feel different when you bite down and chew.
- A possible ulcer may also occur where the spring and arm touch the cheek and gum. Try rinsing with warm salt water two times a day to help heal any sores that may form. Another great tip is to stick a raisin on the end.

Do NOT:

- Shift your jaw side to side; this can cause the springs to break.
- Open your mouth extremely wide; this can cause the spring and rod to separate.
- Bite down on the bar; this can cause the springs to break.

Call the office if any of the following occurs:

- A bent lower bar; if this occurs the rod will not slide properly when biting down.
- Pinching in the lower gums.
- A bracket is no longer glued to the tooth; especially the lower brackets near the springs.

We hope that you will recognize the ease of wearing this appliance so you may have the best orthodontic result.

FOLLOW US ON OUR SOCIAL MEDIA

