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Instructions for Extraction and Sedation Procedures

- DO NOT drive or operate machinery after sedation.
- DO NOT rinse your mouth for 24 hours after your procedure.
- Once the local anesthesia wears off you may eat soft foods (jello, pudding, ice cream, yogurt, mashed potatoes, macaroni and cheese, soup etc.). Try to chew on the unaffected side of you mouth.
- NO SMOKING, this will cause the blood clot to break down.
- DO NOT eat/drink through a straw- this will draw out the blood clot.
- Refrain from brushing teeth in the area of surgery for the first 24 hours after your procedure.
- You must change the gauze every hour on the hour until the bleeding stops. Slight oozing is expected and normal (remove gauze if you go sleep).
- You may rinse your mouth with warm salt water 24 hours after your procedure.
- TAKE THE PAIN MEDICATION AS INSTRUCTED BY THE DOCTOR.
- Please note, swelling can peak up to 3 days following any oral surgery procedure and then will gradually decrease.

