

HOW TO REGAIN AND MAINTAIN A YOUTHFUL APPEARANCE

New collagen and elastin makes for smoother skin, smoother skin reflects light better... *Puts the glow back*

The following lasers can be used by themselves or in combination to enhance results.

- 1. V-Beam Laser*** Heats up capillaries in the upper dermis stimulating collagen and elastin production from fibroblasts. The epidermis remains undamaged.
- 2. Q-1064 Laser**** Heats up water and tiny melanin particles to induce collagen remodeling and even out skin pigment. No damage to epidermis.
- 3. Gentle YAG Laser***** Heats up the deep dermis to stimulate new collagen and elastin with some tightening effect too. No damage to epidermis.
- 4. Fractional Laser****
(Deep FX, Fraxel)** These lasers drill tiny holes (~.1mm diameter) through the epidermis into the dermis to stimulate a wound healing response to induce collagen remodeling.

Side effects from the first three lasers include stinging and redness that disappear in minutes or hours. Make up can be worn immediately. No downtime.

Side effects from fractional lasers include swelling, redness, bruising, bleeding and requires 3-6 days of downtime. Sometimes prophylactic anti-herpes medication is necessary.

With, any of these lasers improvement occurs gradually and continuously for many weeks or months. Repeat treatments done periodically enhance results.

* V-Beam Laser is commonly used for redness, rosacea, red moles, broken capillaries, red birthmarks, scars, and red stretch marks.

**Q-1064 Laser original usage was for scar free removal of tattoos (black ink).

***Gentle YAG Laser was originally invented for spider veins and hair destruction.

****Fractional Lasers were first used for scars.