

## INFORMED CONSENT FOR NITROUS OXIDE INHALATION SEDATION

We offer our patients a variety of pain relievers and sedatives, according to each individual's needs and desires.

Lidocaine (local anesthesia) is designed to eliminate pain. It does not eliminate the tension and anxiety generally associated with dental treatment in the minds of many people.

Nitrous oxide is breathed in along with oxygen from a nosepiece. It gives you a relaxed, detached feeling; free of tension and anxiety. You will not go to sleep, but will remain awake and cooperative. After your treatment is completed, you will breathe plain oxygen for several minutes until the effects of the sedative are gone. This sedative does not take the place of Lidocaine, but is used along with it. It is no way compulsory and you may request only Lidocaine if you wish.

Some patients experience certain effects when receiving Nitrous Oxide/Oxygen sedation. These may be, but are not limited to:

- 1) Excessive perspiration: the peripheral blood vessels enlarge somewhat during sedation and may cause this.
- 2) Shivering, especially after sedation, which may be attributed to the dilation of the blood vessels.
- 3) Nausea – very few people experience slight nausea. If this happens to you, simply mention it to Dr. Avason or the assistant. Breathing pure oxygen can eliminate this quickly.

I understand this sedative procedure and realize that it is purely elective on my part. Any fee(s) involved have also been explained to me. I understand that under this type of sedation, I do not need a driver to drive me home, but I will tell any staff member if I feel like I need someone or need time before I drive.

I understand there is a \$56.00 charge for nitrous oxide and it is not a covered procedure under my insurance plan.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_