

## IMPLANT PLACEMENT POSTOPERATIVE INSTRUCTIONS

Take any antibiotics which were prescribed as directed until all are gone.

Take 3 over the counter (200mg) or 1 prescription (600mg) strength Ibuprofen (Motrin or Advil) every 6-8 hours for the first 3 days. Another prescription written for pain may be taken with the ibuprofen as needed. Caution, some prescription pain medications may cause drowsiness and should not be combined with alcoholic beverages.

A medicated mouthrinse (Chlorhexidine) has been given to you at this appointment. You should rinse gently 1 tablespoonful (15ml's) twice daily for 30 seconds, in the morning and in the evening for 7 days. Save the remaining rinse, as you will use this to clean the area with after the sutures are removed. You may also rinse with lukewarm salt water up to 3 times a day for the next 7-10 days to aid in healing.

Swelling may occur and could gradually increase up to the third day after the procedure has been completed. An ice pack over the area for 15 minutes on and 15 minutes off for the first 3-5 hours will help limit any swelling. It is not uncommon for some bruising of the area to occur. This is normal and will run its course and disappear in a few days.

A temperature of 102 degrees or more may indicate an infection. If this occurs, please call our office for further instructions.

If the implants peak through the gums, this is O.K. If you notice this occurring, please call our office and we will give you special hygiene instructions on how to clean these implants.

No forces should be applied to the implants while they are healing. Avoid chewing over the implant surgical area. Avoid pressure from dentures, partials, or biteguards. If you wear any of these and notice force in the area of the implants, it is very important to let use know so an adjustment can be made to the prosthesis.

At the 1 week post-operative appointment, your sutures will be removed.

Any questions or concerns, please do not hesitate to call our office.

Avason Family Dentistry      (704)820-9797  
Dr. Frank Avason              (704)500-3337