



CO2 Laser Resurfacing Day of Procedure

Pre-Procedure

- You **MUST** have someone drive you to and from our office or the surgery center
- Be sure we have a contact number for your driver!
- Eat a meal if you are having your treatment in the office (Unless you are receiving IV sedation)
 - **YOU CANNOT EAT ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE TREATMENT IF RECEIVING IV SEDATION!!**
- Shower and wash your face (with an anti-bacterial soap) and hair.
- Wear an old, button-down shirt.

Females

- No make-up (mascara, lipstick, lotions, etc.)
- No jewelry (necklaces, earrings, etc.)
- No hair products (hairspray, gel etc.)
- No perfume

Males

- **MUST** shave areas to be treated the morning of procedure.

1 Hour Prior to Procedure

- Take Valium and Lortab (IF doctor prescribes)
- Apply topical numbing cream to area that will be treated

30 Minutes Prior to Procedure

- May repeat Valium (IF doctor prescribes) if needed
- Apply topical numbing cream to area that will be treated if needed

After Procedure – See Separate “Post-Op Instructions”

NOTES: _____

Patient Signature _____ Date _____

Witness Signature _____ Date _____