



Aftercare Instructions for Fillings

- ✓ Your **anesthesia will wear off in approximately 1 to 3 hours** after the procedure. It is very important not to eat until the anesthesia wears off to prevent biting your lip, tongue, etc. You should also wait to eat or drink anything hot until the anesthesia wears off to prevent burning your mouth.
- ✓ Your tooth (or teeth) may be **sensitive to hot, cold, or pressure** from this procedure. **This is completely normal.** The possible symptoms of hot, cold or pressure sensitivity will cease within a few days to a couple of weeks. In very few instances, this sensitivity could last longer than a couple of weeks. As long as your teeth or gums are continuing to feel better, (not staying the same or getting worse) everything is fine and there is no need for concern.
- ✓ Once the anesthesia has worn off, if you feel as though any of the teeth we have worked on are **hitting first when you bite down**, or if they feel rough, please give our office a call. The imbalance with your bite may cause further discomfort and will **need to be adjusted.**
- ✓ The **gum tissue could have been irritated** during the procedure and may be sore for a few days. The anesthetic injection site may also feel sore or bruised.
- ✓ Composite (white) fillings set up right away and can be chewed on as soon as the anesthetic wears off.