



Lowe Plastic Surgery (LPS)

Pulsed Application Hair Removal Post Skin Care

- Although not typical, you could experience some prolonged redness, crusting or flaking. You may use ice or a cool, wet cloth if needed after treatment to cool the skin. Ibuprofen or Tylenol may be used for discomfort.
- You may apply **Aquaphor Healing Ointment** or Aloe Vera gel to treated area.
- Wash treated areas with a gentle cleanser. **NO** exfoliants for 48 hours! Wash with **cool** water – avoid hot water for 48 hours post treatment. **DO NOT** scrub your skin!!
- Moisturizer and make-up may be applied after washing, if desired.
- Stringent use of recommended sunscreen on treated areas is **strongly advised** for all patients, 365 days per year.
- Stay out of the sun! If planning to be in the sun, wear a broad-brimmed hat in addition to your sunscreen. **ALWAYS** use a sunscreen with an SPF of 30 or higher and reapply every 1-2 hours of exposure time. This includes running outside, gardening, hiking, fishing, bicycling, etc.
- Avoid aerobic activities 24 hours following each treatment.
- Puffiness and swelling are common reactions to FotoFacial treatments and should subside quickly. If either should continue beyond 24-hours, we can prescribe an oral anti-inflammatory to speed up the healing process.
- Begin the recommended skin care program the morning following treatment or return to your regular skin care regimen.

If you have any questions or concerns regarding your treatment,
Do not hesitate to call us at 942-4300