



## **Lowe Plastic Surgery (LPS)** WOUND CARE INSTRUCTIONS

1. Avoid any trauma or stress which might suddenly “pull open” your wound.
2. You may leave the wound open to air.

or

Cover your wound with a bandage or as instructed following the instructions below:

- Twice a day cleanse around the wound with soap and water, gently pat dry. (Avoid soaking in bath or dishwasher).
  - If you have “**medical tape**” or Steri-strips, simply allow tape to fall off over time (3-5 days) and remove tape if it does not fall off within one week.
  - Apply ointment only if instructed to wound.
  - Cover with a new Band-Aid or appropriate dressing during the day and leave open at night when possible.
3. Patients with wounds treated with “**medical glue**” may clean the wound as needed and at least once a day. Avoid applying ointments to the glue for 5 days on the face and 10 days on the body. After the described period, massage Vaseline once a day into the glue to allow for it to slowly release. As the glue falls off, gently assist in the cleaning of the area and removing debris.
  4. For pain, use Tylenol or Extra-Strength Tylenol; 2 tablets every 6 hours, or the medication regimen prescribed by your doctor.
  5. For bleeding, cover the wound with gauze, and then apply gentle but firm pressure for 15 minutes.
  6. Please notify your physician if:
    - Significant bleeding that does not stop after 15 minutes of continuous pressure
    - Wound becomes red, swollen, hot, or is oozing
    - You develop a persistent fever over 101.5 F°
    - Severe pain not controlled by medications
  7. Please remember the precise location of the biopsy. We may need to follow up with the area in the future. Avoid sun exposure until fully healed. Sometimes the site heals and the scar can barely be seen, but most wounds benefit from scar management.

**PSDA PHONE NUMBER:** (405) 942-4300

- Please call for all biopsy results if you have not heard from us within 2 weeks.
- Please feel free to call us at any time if you have questions or problems.
- Extra wound care instructions may be provided to you as well.