



**Lowe Plastic Surgery (LPS)**

### **Dr Lowe's Patient Instructions for Soft Tissue Injectables**

1. Injectables such as Juvederm®, Juvederm Voluma®, Belotero®, Restylane®, Perlan®, and Radiesse® are usually given every 8 months to 2 years.
2. It is important for you to write down a month after your injections the areas with the best and worse responses.
3. The amount of filler can be altered and applied differently based on your particular response. Injectables work better or worse in different areas.
4. Injectables such as Juvederm®, Juvederm Voluma®, Belotero®, Restylane®, Perlan®, Sculptra®, and Radiesse® are not without risks. These products are produced in the form of gels or other materials that fill defects and superficial wrinkles around the mouth, face and forehead. The products may displace or absorb depending on the areas treated.
5. Patients can have allergic reactions to these fillers precluding their use in the future. Some products, such as Radiesse® are not currently FDA approved for certain areas with cosmetic use.
6. Injectables can result in local reaction, redness, palpability, numbness and bruising. Areas of concern can be treated with steroids or massage. Surgical correction of palpability is rarely required.
7. Please inform the physician if any unexpected reactions occur after an injection
8. Injectables are not a permanent solution for wrinkles, but more lasting surgical treatments are available that can achieve similar results.
9. Extra product can be stored at room temperature for 6 months to a year and can be used for touch ups or re-application. Patients should take the remaining injectable home and bring them back when further treatments are undertaken.
10. Some swelling should be expected in the region treated for 2-4 weeks. Patients should avoid fillers within 2 weeks of a major event or personal appearances.