

DR. LOWE'S FOLEY CATHETER INSTRUCTIONS

Post Op On occasion patients undergoing surgery may require Foley Catheter placement particularly in cases that exceed four hours or when large volume shifts are expected. Some patients have a problem voiding after the catheter is removed due to medications, underlying medical problems, and/or the surgical procedures.

If a patient is unable to void after surgery or Foley Catheter removal the bladder may require a period of rest. In these cases, Dr. Lowe will place a new Foley Catheter to determine if the patient is dehydrated or in bladder retention. If the patient's bladder is full the new Foley Catheter will be left in place for a period of time. During this period the bladder will usually recover and the anesthetics or medications that may cause urinary retention will tend to decrease.

Some patients with underlying medical problems will need to see their urologist prior to or after Foley Catheter removal. Patients will often be sent home with the catheter in place with the following instructions for Foley management.

Management Most patients will be given a Foley bag and a 10cc syringe at discharge from the hospital. The Foley bag should be placed below the waist to allow urine to drain with gravity. Patients should be careful applying tension or pulling the catheter, the tube, or bag. **WITH PERMISSION** the 10 cc syringe will be used to remove the fluid from the catheter port as instructed by Dr. Lowe. The nurse should provide you with further information on Foley management and care.

Removal Dr. Lowe will instruct you when and if you should remove your Foley Catheter. If you are instructed to remove your catheter it usually should be removed 24-48 hours after discharge in the late evening

Dr. Lowe would like you to remove your Foley Catheter as instructed on ___/___/___ at ___:___ PM/AM.

Voiding Each patient should be aware that they need to void within an 8-10 hour period after Foley Catheter removal. If they do not void in that time period they should contact Dr. Lowe for further evaluation or go to Emergency Room for further evaluation.

***Call the office you have any questions or problems, or if you are having any signs or symptoms of infection (redness, fever, or drainage). (405)942-4300 JBL**