



Lowe Plastic Surgery (LPS)

**Dr Lowe's Patient Instructions for Botulinum Toxin
(Xeomin® or Botox®)**

1. Botulinum Toxin injections are usually given every 3-6 months.
2. It is best to avoid blood thinners such as NSAIDS (Advil, Aleve, Ibuprofen, etc.) for two days prior to treatment, and Aspirin containing products 7 days prior to application to decrease the risk post application bruising. Patients are required to obtain approval from their prescribing physician whenever discontinuing recommended blood thinners.
3. It is important for you to write down the week following injections the areas with the best and worse responses
4. The dose can be altered and applied differently based on your particular response
5. Botulinum Toxin is not without risks. It is a toxin that inhibits muscle movement temporarily. It can travel after application to unintended areas causing paralysis of the eyelid, face, and lip.
6. Patients can have allergic reactions to Botulinum Toxin or even become resistant to the medication with time.
7. Botulinum toxin injections can result in local reaction, redness, numbness and bruising. The injections are often applied close to nerves which may be injured during application
8. Please inform the physician if any unexpected reactions occur after an injection
9. Botulinum is not a permanent solution for wrinkles, but more lasting surgical treatments are available that can achieve similar results.
10. Active movement of the muscles in the treated areas after application will distribute the Botulinum Toxin more evenly.
11. The maximum response can be expected within 5-7 days after injection
12. Do not receive Botulinum Toxin before any major events, due to possible bruising and redness.