

DOXYCYCLINE PATIENT INFORMATION SHEET

Doxycycline is an antibiotic that dermatologists frequently use to treat acne and rosacea. We use doxycycline because it helps control inflammation around the blood vessels and hair follicles. This helps minimize redness and tender acne cysts and bumps. We may prescribe it for a short duration, a few weeks, or several months of use.

Doxycycline is an antibiotic. There are a few things to remember while you are taking Doxycycline.

- 1. You may become more sensitive to the sun. Please be careful with sun exposure. Tanning is discouraged. If you know that you will be outside for an extended period, such as on a vacation or as an occupation (lifeguard etc) please let me know. We may need to choose another medicine for you.
- 2. Doxycycline MUST be taken with food. It is best if you drink a large glass of water as well. It will make you very nauseous if you take it without food. If you have a sensitive stomach or gastric reflux, please let me know. We may need to choose another medicine for you.
- 3. Like most acne medicines, you MUST stop taking Doxycycline if you are pregnant or planning to become pregnant. You should not take this medication if you are breastfeeding.
- 4. If you have an allergic reaction such as hives or a rash, please discontinue the medicine immediately and let me know. As with any medication, very rarely serious allergic reactions may occur. If you have shortness of breath or swelling, please seek emergency medical attention.