



DR LLOYD VAN WYCK MD, FRCSC
COSMETIC PLASTIC SURGEON

POST-OPERATIVE INSTRUCTIONS

LIPOSUCTION

1. Please take prescription medications as written and directed. Do not take aspirin or aspirin type products (anti-inflammatory medication) for at least one week following surgery. Tylenol is allowed.
2. If nausea and/or vomiting occur, decrease the amount of pain medication if tolerated and see if that makes a difference. Taking gravol orally may also be helpful.
3. Once at home, commence with clear fluids, increase to full fluids and to your regular diet, as tolerated.
4. Do not operate a vehicle or drink alcohol while taking antibiotics or pain medication.
5. Do not over exert yourself, although walking and normal daily activity is recommended.
6. Please leave all garments in place until your first post-operative visit.
7. Expect that your garments may become wet in the first 24 hours as a certain amount of fluid will leak from the incision sites. Please do not remove your garment.
8. Please confirm your follow-up visit date with Dr. Van Wyck's office the day following your surgery.
9. If you experience excessive pain or discomfort or specific concerns, please contact Dr. Van Wyck at the office 613.722.7912, or after hours, 613.862.8686.
10. No showers or baths can be taken until after your first follow-up visit. Further instructions will be given at the time of your first follow up visit.