Dr. Van wyck has compiled a post-operative list of instructions for each and every procedure he performs. He did consider placing these online however reconsidered this concept for a number of reasons. His office will instruct you regarding avoiding specific medications in the pre-operative interval. Pre-operative instructions regarding what to do the night and day before should also be outlined. You should then receive an instruction sheet regarding post-operative instructions on the day of your surgery. Please do not hesitate to ask any questions before or after your surgery if you feel that things remain unclear. Dr. Van Wyck and his office staff will be more than happy to answer any of your concerns.