



Harahan - Mandeville - Slidell
www.EyeCare2020.org

After Your Cataract Surgery: Day 1 Post op Instructions

AFTER YOUR SURGERY

1. No bending or leaning over for seven days
2. Do not lift anything over ten pounds for seven days
3. Do not get water in your eyes for seven days
 - a. You may wash around your eyes with a warm damp cloth
4. Always wear your eye shield to sleep with for seven days.
 - a. Wearing your eye shield to bed prevents accidental pressure being placed on your eye
 - b. Eyeshield may be removed in the morning

Please continue to follow instructions on eye drop sheet