



EYECARE 20/20

Harahan - Mandeville - Slidell

www.EyeCare2020.org

After Your Cataract Surgery: Day 1 Post Op Instructions

AFTER YOUR SURGERY

1. No bending or leaning over for seven days
2. Do not lift anything over ten pounds for seven days
3. Do not get water in your eyes for seven days
 - a. You may wash around your eyes with a warm damp cloth
4. Always wear your eye shield to sleep with for seven days.
 - a. Wearing your eye shield to bed prevents accidental pressure being placed on your eye
 - b. Eyeshield may be removed in the morning
5. **CONTINUE TO USE ALL EYE DROPS (SEE POST SURGERY MEDICATION INSTRUCTIONS)**

POST SURGERY MEDICATION INSTRUCTIONS

Prolensa, Ketorolac, and Acular LS are anti-inflammatory used to reduce the swelling associated with your procedure.

- **Place one drop of circled medication (1) one time per day** in your operative eye RIGHT/LEFT.



WAIT FIVE MINUTES BETWEEN EACH DROP!



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Besivance is an antibiotic, used to prevent eye infections

- **Place one drop of Besivance (4) four times per day** in your operative eye RIGHT/LEFT.



PREDNISOLONE ACETATE 1% works by relieving symptoms such as swelling, redness, and itching

- Place one drop of **PREDNISOLONE ACETATE 1%** in your eye (4) four times per day. Use **PREDNISOLONE ACETATE 1%** at Breakfast, Lunch, Dinner, and Bedtime.



ALWAYS CONTINUE ALL DROPS UNTIL INSTRUCTED BY YOUR DOCTORS OFFICE TO STOP

IF YOU HAVE ANY QUESTIONS, CONCERNS, OR EXPERIENCE ANY PAIN PLEASE CONTACT US IMMEDIATELY AT:

SLIDELL 985-641-2252

MANDEVILLE 985-624-5058

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