

REVIEW ONE WEEK PRIOR TO EXAM

COLONOSCOPY INSTRUCTIONS

PREPARATION:

Prepare for colonoscopy as per instructions.

MEDICATIONS:

Except for that which is specified below or unless advised otherwise, **please take your prescription medications as you usually would.** If you are a diabetic and on medication, please check with your medical doctor for instructions regarding this medication.

IMPORTANT: Certain medications can increase the possibility of bleeding after even the most minor or major surgical procedures.

If you are taking aspirin or aspirin-containing medications, non-steroidal anti-inflammatories (i.e. Motrin, Advil, Aleve, Nuprin, Indocin, ibuprofen, Ecotrin, Celebrex, Mobic), iron, Persantine or dipyridamole, it is essential that these medications be **STOPPED ONE (1) WEEK PRIOR TO PROCEDURE.**

Vitamin supplements such as saw palmetto, ginkgo biloba, garlic, vitamin E, etc., should also be **STOPPED ONE (1) WEEK PRIOR TO PROCEDURE.**

Blood thinners such as **Plavix should be STOPPED SEVEN (7) DAYS and Coumadin (Warfarin) should be STOPPED FIVE (5) DAYS PRIOR TO PROCEDURE. PLEASE CHECK WITH THE PRESCRIBING PHYSICIAN ABOUT STOPPING BLOOD THINNERS.**

Remain on all other medications unless you are advised to discontinue them by our office or by your private physician.

If there are questions regarding the safety of stopping any of the above medications, or if there is a question as to whether a particular medication should be stopped, please **check with your medical doctor** and notify our office immediately

If there is any chance, no matter how slim, that you might be **PREGNANT** we **MUST** be notified and your colonoscopy will be cancelled.

If you take antibiotics prophylactically for any dental procedure, please notify this office. Note: Mitral valve Prolapse is no longer considered to be an indication for antibiotic prophylaxis for colonoscopy or upper endoscopy. Please speak to either your internist or cardiologist in this regard. Their medical input is important to us for your care throughout this procedure.

DAY OF PROCEDURE:

Report to the designated facility at the appropriate time. You will need someone to take you home after the procedure.

YOUR FULL MEDICATION LIST WILL BE NEEDED BEFORE THE PROCEDURE.

You will be asked to list ALL medications (including prescriptions, over-the-counter medications, ointments, salves, vitamins and herbs) you are currently taking, the dose (how much you take), the route (by mouth, by injection, topically, etc.), how often (once daily, twice daily, as needed, etc.), the last time you took the medication prior to the procedure and the reason you take the medication. You will also need to list your **allergies.**

CANCELLATION POLICY

We ask that if, for some reason, you must cancel your procedure, please notify our office within **3 business days prior to your procedure.** Failure to do so will result in a **\$75.00 charge to your account.**



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CLENPIQ

**Taking CLENPIQ
Steps to Complete the Prep**

Day-Before-Dose Regimen

Afternoon/Early Evening Before

Between 4-6 PM

Drink 40 oz (5 cups) of clear liquids.
Finish liquids over the next 5 hours.*

Evening Before

Between 10PM – 12AM

Drink at least 24 oz (3 cups) of clear liquids over the next 5 hours.

Hydration is important and it's part of the prep. Make sure to hydrate before you take the prep, while you're taking the prep, and after the prep.

Prep Assistant Use the prep assistant as a guide for completing your prep.

The date and time of your colonoscopy is ____/____/____ at ____:____

You can keep hydrating with clear liquids until ____:____ the day of your procedure

ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.

Afternoon/Early Evening before your colonoscopy

4-6PM

Drink one bottle of CLENPIQ right from the bottle.

Evening before your colonoscopy

10-PM-12-AM

Drink the other bottle of CLENPIQ right from the bottle.

Then, keep hydrating.

Drink 5 cups (8 oz each) of clear liquid.

Check off below as you complete each cup.

____ ____ ____ ____ ____
1 2 3 4 5
Start: ____:____ Finish: ____:____

Then keep hydrating.

Drink at least 3 cups (8 oz each) of clear liquid.

Check off below as you complete each cup.

____ ____ ____ or more
1 2 3
Start: ____:____ Finish: ____:____

*After your first dose, if severe bloating, swelling or stomach pain occurs, delay the second dose until the symptoms resolve. Please see below for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

INDICATION

CLENPIQ is a prescription medicine used by adults to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of bodily fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDS).

READY, SET, COMPLETE THE PREP

What is CLENPIQ

CLENPIQ is a prescription medicine that cleans your colon.
CLENPIQ is ready for you to drink right from the bottle. It does not need to be mixed or diluted.
Do not refrigerate or freeze CLENPIQ.

What's in the CLENPIQ box?

Two bottles of CLENPIQ (5.4 oz each)
An 8-oz cup for drinking clear liquids
The Patient Medication Guide and the Instructions for Use for your reference

Start Hydrating

On the day before your colonoscopy, start hydrating by
Consuming only clear liquids and stop eating all solid foods and dairy.

It's important to hydrate before you take the prep, while you're taking the prep,
And after the prep. Follow your doctor's instructions completely.

ACCEPTABLE CLEAR LIQUIDS FOR HYDRATING

Water, black coffee or tea, clear broth or bouillon, sports drink, ginger ale and other sodas, clear juices such as apple or white grape juice,
plain Jell-O, frozen juice bar

LIQUIDS MUST NOT BE RED OR PURPLE.

DO NOT CONSUME ANY ALCOHOL, JUICE PULP, MILK, CREAM, SOY OR NON-DAIRY CREAMER, OR OTHER LIQUIDS YOU
CANNOT SEE THROUGH.

Ready? Set? This video may help you prep.

Hydrate along at www.CLENPIQ.com

IMPORTANT SAFETY INFORMATION (CONTINUED)

- Your healthcare provider may do blood tests after you take CLENPIQ to check your blood for changes. Tell your healthcare provider right away if you have any of these symptoms resulting from a loss of too much body fluid (dehydration): vomiting, nausea, bloating, dizziness, stomach-area (abdomen), cramping, urinating less often than normal, trouble drinking clear liquids, trouble swallowing, seizures, or heart problems.
- CLENPIQ can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- The most common side effects of CLENPIQ include nausea, headache, and vomiting. These are not all the possible side effects of CLENPIQ. Ask your doctor or pharmacist for more information.
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You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.