

## Vascular Pulsed Dye Laser Treatment Instructions

### Pre-treatment Instructions

1. Apply SPF30 sunblock to treatment areas that are exposed to the sun. You must eliminate exposure to the sun, tanning beds or tanning lotions for four weeks prior to treatment.
2. Tell us if you have taken Accutane in the past six months or are planning to begin taking Accutane.
3. Inform us if there has been any change in medical history since your last visit.
4. Do Not use Retin-A or glycolics for 5-7 days prior to treatment.

### Post- instructions

1. Rinse the area with cool water only. Do not scrub or apply soap x 7-10 days.
2. Should you develop an open area or blister, apply Bacitracin 3x/day, DO NOT let crust and phone Dr. Yee's office.
3. Watch for signs and symptoms of infection (drainage, fever, pain, redness), and phone Dr. Yee's office.
4. If the area begins to swell, keep it elevated and apply cold compresses for 48 hours.
5. Schedule your next appointment in 4-6 weeks.

**Please call the office at any time if you have questions or concerns. We are always available to help. If the office is closed you will be directed to the answering service to reach Dr. Yee.  
Office # 501-224-1044**

Patient Sign/Date\_\_\_\_\_

Witness\_\_\_\_\_