Pigment/Tattoo Laser Pre/Post Treatment Instructions

Pre-treatment

- 1. Apply SPF30 sunblock to treatment areas that are exposed to the sun. You must eliminate exposure to the sun, tanning beds or tanning lotions for four weeks prior to treatment.
- 2. Tell us if you have taken Accutane in the past six months or are planning to begin taking Accutane.
- 3. Inform us if there has been any change in medical history since your last visit.
- 4. Do Not use Retin-A or glycolics for 5-7 days prior to treatment.

Post- treatment

- 1. Keep the treated area dry for 48 hours.
- 2. When you do wash the area, avoid scrubbing and the use of soap.
- 3. Apply Bacitracin and telfa or non-stick bandage.
- 4. Supplemental Vitamin C will facilitate the healing of your wounds.

Take 500 mg by mouth twice daily.

- 5. Keep the treated area elevated to minimize your swelling.
- 6. Cold packs applied to the area for the first 24 hours will reduce swelling.
- 7. You will need to schedule a follow-up appointment for 4-6 weeks following your appointment.

Please call the office at any time if you have questions or concerns. We are always available to help. If the office is closed you will be directed to our answering service to reach Dr.Yee.

Office # 501-224-1044

Patient Sign/Date		
Witness	 	