

Laser Hair Reduction Treatment Instructions

Pre-treatment Instructions

1. Apply SPF30 sunblock to treatment areas that are exposed to the sun. You must eliminate exposure to the sun, tanning beds or tanning lotions for four weeks prior to treatment.
2. Tell us if you have taken Accutane in the past six months or are planning to begin taking Accutane.
3. Inform us if there has been any change in medical history since your last visit.
4. Call us 48 hours prior to your next appointment if no hair re-growth in area to be treated.
5. Shave the area to be treated within 12 hours prior to the treatment. (We can shave and prep you at the regular hourly rate. You must schedule additional time for prep with the front desk.) If treating heavy beard, shave the morning of your appointment.
6. Do Not wax, tweeze or have electrolysis for four weeks prior to treatment.
7. Do Not use Retin-A or glycolics for 5-7 days prior to treatment.
8. Do Not use hair removal lotions or hair bleach for 4 weeks prior to treatment.

Post treatment requirements

1. Apply SPF30 sunblock on all treated areas that may be exposed to the sun.
2. Shaving or using clippers are the only acceptable methods of hair removal between treatments.
3. Treatment area should be gently washed twice per day with tepid water and mild soap.
4. Do Not expose the treated area to sun for prolonged periods for four weeks post treatment.
5. Do Not use Retin-A or glycolics for 5 days post treatment.

Post treatment expectations

1. Hair loss will be most evident ten days to two weeks after treatment. After your treatment you may expect a mild sunburn sensation that typically lasts 2-3 hours and mild redness and mild swelling that may last 1 day. To treat these side effects, please follow these steps:
2. Cold compresses may be applied to reduce redness and swelling.
3. Apply of 1% hydrocortisone cream or ointment in a thin layer after cold compresses.
4. Please call us at the first sign of persistent pain or blistering.

Please call the office at any time if you have questions or concerns. We are always available to help. If the office is closed you will be directed to our answering service to reach Dr. Yee.

Office # 501-224-1044

Patient Sign/Date _____

Witness _____