

**Coastal Dermatology, P.C.**  
**55 Willow Street**  
**Mystic, CT 06355**

**Daniella Duke, M.D.**  
**(860) 245-0000**  
**[www.coastaldermatology.com](http://www.coastaldermatology.com)**

**Care of Skin Following**  
**OmniLux Treatment**

The OmniLux Blue and Red LED light device treats: acne, rosacea, and photo-aging. The OmniLux Red is also anti-inflammatory, decreases skin redness, and minimizes pore size.

**Before Your Treatment:**

1. Use of a cleansers or creams that contain glycolic acid, salicylic acid, and/or retinol (retin-a) prior to your treatments (weeks prior) can improve your results.
2. Continue to use all of your prescribed or recommended oral and or topical skin products. If you have any questions about your skin care routine, ask the nurse.
3. Make sure you clean your skin well prior to the treatment; remove any make-up or skin care products.
4. Your skin should be "prepped" by the nurse prior to your treatment with a prep pad which removes any other debris on the skin which may limit penetration on the light into the skin.

**After Your Treatment:**

1. There is minimal to no special care of the skin after an OmniLux treatment.
2. If your skin feels tight or dry, apply an oil free moisturizer or the Post Peel Recovery Cream from the office.
3. You may continue your regular skin care routine even the evening after your treatment.
4. If you have any questions about your skin care routine, ask the nurse.
5. You can apply make-up and physician strength skin care products and prescription topical products after your treatment.
6. If you have had an OmniLux Red LED treatment in addition to another skin rejuvenation treatment, please refer to the After Care Instructions of the other procedures for skin care following that procedure.

If you have any questions about how your skin is healing, or your treatment protocol, then you should call our office at (860) 245-0000 to be evaluated.