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Laser Treatment: Post-Treatment Skin Care Instructions
(Laser Genesis)

The treatment site may be sensitive during the initial 1-5 day healing phase, and must be treated with care. A series of treatments is recommended to achieve your desired results.

INSTRUCTIONS

1. The treatment site should be mildly red for 24-48 hours. There should be no break in the skin, no blisters, no crusting.
2. Ice should not be applied to the treatment site--as heating up of the collagen in the skin adds to your results. You should not have any significant swelling. If you get swollen, call the office.
3. Apply Post Peel Recovery Cream AM and PM to the treatment site as it may feel dry in the week following the procedure. You can use your anti-aging skin care products following this procedure. If any of these specialty creams sting or burn, avoid using them for several days, and then re-try.
4. Use a gentle cleanser AM and PM to avoid any irritation on the treated skin. Make-up can be worn directly after the procedure.
5. Any discomfort you feel (usually not lasting more than 6 hours) should be relieved with acetaminophen (Tylenol).
6. Do not tan the area treated. Use a sunscreen with an SPF 30 or greater throughout the course of treatment.
7. Do not pop any blisters, or pick any scabs, which develop. Call the office if you get a blister.
8. Everyone heals differently, depending on your particular condition, the type of laser you were treated with, and the way your skin reacts to the laser(s). If you develop any blisters, crusts, prolonged swelling, pain in the area treated, or if you are concerned at all about your healing process, then you should call our office at (860) 245-0000