

Laser Treatment: Post-Treatment Skin Care Instructions (Revlite Laser Peel)

The treatment site will be sensitive during the initial 2-5 day healing phase, and must be treated with care. Generally a series of treatments is recommended to achieve your desired results.

Skin Care Instructions following your procedure:

1. ELTA MD laser enzyme gel may be applied to your skin following your procedure. We recommend this product because post procedure skin needs special attention to recover and heal. This gel promotes skin recovery, moisturization and comfort when used after procedures. Using other products may interfere with the healing process and can slow the healing process.
2. Apply ELTA MD enzyme gel to the treatment site(s) 2-3 times per day.
3. Use a Gentle Cleanser AM and PM to avoid irritating the treatment site with a harsh cleanser. Replenix Soothing Cleanser available for purchase at the office .
4. You can use your anti-aging skin care products following this procedure. If any of these creams sting or burn, avoid using them for several days and then re-try.
5. Any discomfort you feel (usually not lasting more than 6 hours) should be relieved with acetaminophen (Tylenol).
6. **Do not tan the area treated.** Avoid sun exposure. Use a sunscreen with an SPF 30 or greater throughout the course of treatment. Wearing a hat with a 3" brim or wider will shield direct sun exposure from your face .
7. Avoid swimming and contact sports while the skin is healing. The skin is a little sensitive for 24-48 hours following the procedure: avoid direct heat and sunlight on the treatment sites.
8. Everyone heals differently, depending on your particular condition, the type of laser you were treated with, and the way your skin reacts to the laser(s). If you develop any blisters, crusts, prolonged swelling, pain in the area treated, or if you are concerned at all about your healing process, *then you should call our office at (860) 245-0000 in order to get further instructions.*