

# JANDALI PLASTIC SURGERY

## New Patient Consultation Form Hair Removal, Skin Tightening, and Intense Pulse Light (IPL)

Name: First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone #(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work #(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell #(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Emergency # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_

Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_  Male  Female

E-mail Address \_\_\_\_\_ @ \_\_\_\_\_

Who is your primary care physician? \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
(If you go to a group please specify the name of the physician you see most often.)

*Your privacy is of the utmost importance to us. Please indicate below if there are any restrictions in contacting you:*

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### PHARMACY INFORMATION

As of January 1, 2018 the State of Connecticut is going to an e-prescribe system for all prescriptions.

Preferred Pharmacy Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

### HOW DID YOU HEAR ABOUT OUR PRACTICE?

\_\_\_\_ A Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
\_\_\_\_ Family Member/Friend Name: \_\_\_\_\_  
\_\_\_\_ Newspaper/Television Which publication/program \_\_\_\_\_  
\_\_\_\_ Seminar Date & Topic? \_\_\_\_\_  
\_\_\_\_ Internet Website: \_\_\_\_\_  
\_\_\_\_ Other Please explain \_\_\_\_\_

Name \_\_\_\_\_

### PATIENT HISTORY FORM

Do you have any medical problems: \_\_\_\_\_

\_\_\_\_\_

Circle if you have any of the following:

Thyroid disease      Bleeding disorder      Pacemaker or defibrillator      Pigmentation disorder

Photoallergies      Skin cancer      Diabetes      Polycystic ovarian disease

What surgeries have you had and when: \_\_\_\_\_

\_\_\_\_\_

Medications: (please list dosage and # of times taken daily; include over the counter and herbals remedies)

\_\_\_\_\_

\_\_\_\_\_

Are you currently taking any Antibiotics? \_\_\_\_\_

Allergies: (which medications and what happens) \_\_\_\_\_

\_\_\_\_\_

Personal Social History: (please circle or fill in)

Do you smoke?      Yes      No      How much and for how long? \_\_\_\_\_

If you used to smoke but quit, how much, for how long, and when did you quit? \_\_\_\_\_

Do you drink alcohol?      Yes      No      How much and how often? \_\_\_\_\_

Do you take aspirin, Advil, or fish oil daily?      Yes      No

WOMEN: Are you Pregnant, Trying to get Pregnant, or Lactating (nursing)? \_\_\_\_\_

Are you currently using or have you ever used Retin-A?      Yes      No

If yes, when started? \_\_\_\_\_ Stopped when? \_\_\_\_\_

Are you currently using or have you ever used Accutane?      Yes      No

If yes, when started? \_\_\_\_\_ Stopped when? \_\_\_\_\_

Do you have any skin disorders?      Yes      No

If yes, please explain: \_\_\_\_\_

Do you have or have you ever had vitiligo (loss of skin pigment)?      Yes      No

Are you a keloid former (thick scars)?      Yes      No

Do you ever get "herpes" skin eruptions or cold sores?      Yes      No

**AUTHORIZATION FOR AND RELEASE OF  
MEDICAL PHOTOGRAPHS AND/OR VIDEO FOOTAGE**

Name \_\_\_\_\_

I consent to the taking of photos, slides, or video footage by Dr. Shareef Jandali or his designee of me or parts of my body in connection with the plastic surgery procedure(s) to be performed by Dr. Shareef Jandali.

I provide this authorization as a voluntary contribution for the limited purpose of including them in any print, visual or electronic media, specifically including, but not limited to, websites, magazines, newspapers, media reports, medical journals, and textbooks, for the purpose of advertising or informing the medical profession or the general public about plastic surgery procedures and methods.

Neither I, nor any member of my family, will be identified by name in any publication. I understand that in some circumstances the images may portray features that will make my identity recognizable.

I understand that I may refuse to authorize the release of any health information and that my refusal to consent to the release of health information will prevent the disclosure of such information, but will not affect the health care services I presently receive, or will receive, from Dr. Shareef Jandali.

I further understand that I have the right to revoke this authorization in writing at any time, but if I do so it won't have any affect on any actions taken prior to my revocation and I do hereby release Dr. Shareef Jandali, his agents and employees from all liability in connection with said actions.

I understand that the information disclosed, or some portion thereof, may be protected by state law and/or the federal Health Insurance Portability and Accountability Act of 1996 ("HIPAA").

I release and discharge Dr. Shareef Jandali and all parties acting under his license and authority from all rights that I may have in the photographs and from any claim that I may have relating to such use in publication, including any claim for payment in connection with distribution or publication of the photographs.

I certify that I have read the above Authorization and Release and fully understand its terms.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

I have read the above Authorization and Release. I am the parent, guardian, or conservator of \_\_\_\_\_, a minor. I am authorized to sign this authorization on his/her behalf and I give this authorization as a voluntary contribution in the interest of public education.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Jandali Plastic Surgery

## CONSENT FOR COMMUNICATION via E-MAIL or TEXT

I hereby consent to have Dr. Shareef Jandali communicate, where appropriate, with me or members of his staff, other physicians, nurse practitioners, physician assistants, billing services, and insurance carriers, via e-mailing or text messaging regarding aspects of my medical care and treatment. I understand that e-mail and text are not a completely confidential method of communication. I further understand that there is a risk that e-mail or text communications between my physician and others (listed above) regarding my medical care and treatment may be intercepted by third parties or transmitted to unintended parties. Our practice will take utmost care in protecting personal health information, but this form of communication is often necessary to maintain close patient care. I understand that in an urgent or emergent situation, I should call my provider or go to the Emergency Room and not rely on email and/or text messaging.

Patient Name: \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

## AUTHORIZATION FORM FOR PATIENT RECORDS RELEASE

I hereby authorize the use and/or disclosure of my individually identifiable health information as described below. I understand that this authorization is voluntary. I also understand that my patient information may be subject to re-disclosure by the authorized recipients of the information listed below and that my information may no longer be protected by federal privacy regulations once it is disclosed.

Patient Name: \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Persons/entities authorized to receive my patient information:

_____	_____
Name	Relationship

_____	_____
Name	Relationship

_____	_____
Name	Relationship

Specific description of the information to be used or disclosed (including date(s) if applicable):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Skin Type Assessment

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Ethnicity/Race \_\_\_\_\_

Nationality \_\_\_\_\_

Score		0	1	2	3	4
	What is the color of your eyes?	Light Blue, Gray, Green	Blue, Gray, Green	Blue	Dark Brown	Brownish Black
	What is the natural color of your hair?	Sandy Red	Blond	Chestnut, Dark Blond	Dark Brown	Black
	What is the color of your skin (unexposed areas)?	Very Pale	Pale	Pale with Beige Tint	Light Brown	Dark Brown
	Do you have freckles on sun-exposed areas?	Many	Several	Few	Incidental	None
	What happens when you stay in the sun too long?	Painful Redness, Blistering	Blistering followed by Peeling	Burn, sometimes followed by Peeling	Rarely Burn	Never Burn
	To what degree do you turn brown?	Hardly, Not At All	Light Color Tan	Reasonable Tan	Tan Very Easily	Turn Dark Brown Quickly
	Do you turn brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to the sun?	Very Sensitive	Sensitive	Normal	Very Resistant	Never Had a Problem
	When did you last expose yourself to the sun, tanning bed, or tanning creams?	More than 3 Months Ago	2-3 Months Ago	1-2 Months Ago	Less than 1 Month Ago	Less than 2 Weeks Ago
	Do you expose the areas to be treated to the sun?	Never	Hardly Ever	Sometimes	Often	Always

Total Score: \_\_\_\_\_

Score:

0-7  
8-16  
17-26  
26-30  
Over 30

Fitzpatrick Skin Type

I  
II  
III  
IV  
V-VI

## SKIN TYPE

### TYPE

I	White
II	White
III	White
IV	Olive
V	Dark brown
VI	Black

### BASELINE SKIN COLOR

### REACTION TO SUN

Always burn, never tan
Usually burn, tan with difficulty
Sometimes mild burn, tan gradually
Rarely burn, tan well
Rarely burn, tan darkly
Never burn, tan darkly black

## Precautions to Laser/IPL/Radiofrequency Treatments

Please check box if you have any of the following risk factors:

- Medications that cause photosensitivity (see next page)
- Facial laser resurfacing or deep chemical peeling to the planned treatment area in the last 3 months
- Healing disorders or impaired healing
- History of skin cancer in the treatment area or family history of melanoma
- Allergy to Nickel (part of the laser electrode is nickel plated)
- Herpes I or II in the area to be treated
- Thyroid disease currently not medicated

## Contraindications to Laser/IPL/Radiofrequency Treatments

Please check box if you have any of the following:

- Chemotherapy or related medications (i.e. Tamoxifen)
- Atypical or premalignant moles, skin cancer – on the planned treatment area
- History of bleeding disorders
- Pacemaker or defibrillator
- Cardiac disorders
- Impaired immune system
- Superficial implants, teeth implants, Invisalign
- Seizures or diseases stimulated by light: Epilepsy, Lupus, Porphyria
- Multiple Sclerosis
- Anticoagulants: Coumadin, Warfarin, Plavix, Aspirin, Aleve, Motrin, Advil, Ibuprofen
- Steroid use (i.e. Prednisone)
- Current antibiotic use: see next page
- Accutane taken within the last year
- History of hypertrophic or keloid scarring
- Non-intact skin in the treatment area: sores, psoriasis, eczema, infection, rash, open wounds
- Diabetes
- Pregnancy
- Tattoos or permanent makeup in the treatment area
- Recent use of depilatory creams or sprays, bleaching medications
- Sunburn to the treatment area
- Suntan, real or fake, on the treatment area
- Photo-sensitizing topical creams or medication: see next page

I certify that I have provided truthful information to the best of my knowledge, that I have been given the opportunity to ask questions, and that I have read and fully understand the contents of this consultation form. I am aware of the potential for a burn or scar with any procedure.

Patient Name (printed):

Patient Signature:

Date:

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