



LINDA VERÓNICA CARDONA CORNEJO
LICENSED NUTRITIONIST/DIETITIAN
NUTRITION SPECIALIST

EDUCATION

2007 – 2008 **Chronic Diseases Specialist (Obesity, Diabetes, Chronic Kidney Disease)**

Instituto de Nutrición y Tecnología de los Alimentos (INTA)

Universidad de Chile (U. de Chile)

Santiago, Chile

2002 – 2006 **B.S. Nutrition and Food Science**

Universidad Iberoamericana

Tijuana, México.

***Founder member and board advisor of the Asociación de Nutriólogos y Dietistas de Baja California*

**Active member of the Colegio Mexicano de Nutriólogos and the American Society for Metabolic and Bariatric Surgery (ASMBS)*

PROFESSIONAL EXPERIENCE

2008 - Present **Private Consulting (Nutrition & Mindfulness)**

Providing nutritional therapy to clinicians and self-referred patients with chronic diseases (Obesity and Bariatric surgery, Diabetes, Hypertension, Kidney Disease and Arthritis). **Coordinator and Instructor of the Nutrition and Healthy Cooking Course.**

2009 – 2015 **Centro de Investigación del Noroeste, S.C. Tijuana, México. (Research Center)**

Diabetes and Arthritis Educator (Education coordinator provider of preventative care for people with diabetes and arthritis, including nutritional counseling).

2008 – 2015 **Instructor in the B.S. in Nutrition and Food Science and B.S. in Nursing**

Universidad Iberoamericana, Campus Tijuana.

Responsible for counseling and teaching undergraduate students in areas of nutrition and health.

COURSES/RESEARCH

Mindful Eating With Kids and Teens: A Daylong Workshop on Developing a Mindful Relationship with Food and Eating. Bridging the Hearts & Minds of Youth Conference Participants. UCSD 2015.

“Mindful Eating-Conscious Living” Training (MECL-1) . UC San Diego. May 2014.

ASMBS Nutrition therapy Course I-II. American Society for Metabolic and Bariatric Surgery 29th annual meeting. June 2012. San Diego, CA.

Adult nutrition course program 2012. Hospital Ángeles Tijuana. Tijuana B.c.

Clinical Trials Administrator in Latin America (Intensive course)2010. UC San Diego – (UCSD). San Diego, California.

Poster Presentation in World Congress of Nephrology 2009, Milan, Italy. "NUTRITIONAL ADEQUACY OF PROTEIN INTAKE ACCORDING TO K/DOQI GUIDES AND PHOSPHORUS INTAKE IN DIABETIC PATIENTS UNDERGOING HEMODIALYSIS IN LATIN AMERICA: THE HIDDEN SOURCES OF PHOSPHORUS ARE IMPORTANT?"

EXTRA ACTIVITIES

March 2012 - 2015 Natural Products, Expo West. Anaheim, CA.

July 2012 American Society for Metabolic and Bariatric Surgery 29th anual meeting.

October 2010-11 II Congreso Nacional: Cardiometabólico. Tijuana. B.C.

May 2009 World Congress of Nephrology. Milán, Italia.

April 2008 V Chilean Congress in Clinical Nutrition and Metabolism. Viña del Mar, Chile.