

Care of Your Temporary Restorations **(Inlays, Onlays, Crowns or Veneers)**

Today, to cover the prepared tooth surfaces prior to your final restoration, you have been given a custom fitting temporary restoration. The purpose of your temporary is to protect the underlying sensitive tooth structure and to hold the tooth/teeth in the correct position which the permanent restoration is being made. It is very important to take proper care of the temporary to maintain the health of the tooth and to enhance the fitting of the final restoration.

We highly recommend that you follow these instructions:

- Brush well, at least twice daily (an electric toothbrush is best)
- Floss, carefully, at least once a day. Remember to work the floss along the gum line and pull it through to the side. **Do not** pop the floss back through the contact. On temporaries that are connected, use the floss-threader to clean in between the teeth
- Chew on the opposite side of the mouth as much as possible
- If you have temporaries on both sides of your mouth, restrict your diet to soft, non-sticky foods
- Rinse thoroughly with over-the-counter peroxide twice daily until your permanent restorations are placed.

You may experience mild sensitivity to the gums and tooth/teeth for a few days after the procedure is completed. This is to be expected. Mild analgesics including Advil, Tylenol, or Aleve can be taken as needed.

Should your temporary become loose and there is still white cement inside the temporary, gently dry the tooth and place the temporary back on the tooth. The temporary cement will seal itself. If the temporary comes off over the weekend and will not stay on the tooth as described above, use some Fixodent or other denture adhesive to re-cement the temporary. Please then call our office Monday morning so we can properly re-cement the temporary.

If you have any persistent pain, trouble chewing, high spots, or any questions, please call our office for assistance.

Thank you,

Drs. Bush, Tandy, Korus and Whidden