



PRE-OPERATIVE Laser Vision Correction Instructions

STOP SOFT CONTACT LENS WEAR FOR AT LEAST 10-14 DAYS PRIOR TO YOUR EXAMINATION (or for at least 6 weeks if you use rigid gas permeable contact lenses)

PERFORM EYE SCRUBS BEFORE SURGERY

Beginning 3 nights before surgery, you must perform lid scrubs every evening with a CLEAN, warm wash cloth and baby shampoo. Gently scrub your eyelids, concentrating especially on the lash line of both your upper and lower eye lids. Rinse and pat your eyes to dry them.

DO NOT USE MASCARA PRIOR TO SURGERY

If you routinely wear eye make-up, **CEASE ALL USE the evening prior to surgery**. In addition, you should permanently switch to using water-soluble eye make-up and mascara after laser surgery.

EAT A REGULAR MEAL BEFORE SURGERY: NO CONSUMPTION OF ALCOHOL

Eat a normal snack or meal prior to your surgery time. Do not drink any alcohol.

ARRANGE FOR A DRIVER THE DAY OF YOUR SURGERY AND ONE DAY POST-OPERATIVE VISIT

Arrange to have someone drive you to and from the Surgery Center. **You are not allowed to drive after having laser surgery**. You also will need a driver to bring you to the one day, post-op appointment.

TRAVEL

Make plans in advance to **stay close to home for at least one week after surgery**. It is not recommended to travel outside the area.

NO SMOKING, COSMETICS, PERFUMES, AFTERSHAVES, LOTIONS FOR THE DAY OF SURGERY

For women, please wear no makeup to the surgery center. On the day of your surgery **DO NOT SMOKE**, use hairspray, lotion, perfume, aftershave or fragrant deodorant.

CLOTHING FOR THE DAY OF SURGERY: LOOSE AND COMFORTABLE

Wear loose, comfortable clothing.

SURGERY TIME: Expect to be at the Surgery Center for APPROXIMATELY ½ Hour

