

# Patch Program:

Girl Scouts and America's ToothFairy®

National Children's Oral Health Foundation

The *ToothFairy Patch Program* allows Girl Scouts across each of the six age groups to learn about oral health, become advocates for access to quality dental care, and develop leadership skills. To earn a *ToothFairy Patch*, a Girl Scout participates in at least one activity from three different leadership categories.

#### Discover

- Choose an oral health topic and research it. You might consider learning about tooth structure, proper brushing and flossing technique, dental cavities, braces, dental implants, or healthy oral habits across the lifespan. Share what you learned with family, friends, or your troop.
- There are so many excellent career opportunities in the field of dentistry! Select a dental career that you are interested in researching. Learn about education and schooling requirements, a "typical day", why it is important, who it helps, and why someone might choose the career. Prepare a poster on the career and share your findings with family, friends, or your troop.
- People around the globe experience different standards of oral health. Select any country in the world and learn about the oral hygiene habits of people who live there, access to quality care, and challenges that exist. Share what you learned with family, friends, or your troop.

#### Connect

- Interview your Mom, Dad, or another adult who has children. Ask them about their oral hygiene habits and what they do to instill good oral health behaviors in their children.
- Using the Oral Health Community Education Kit from *America's ToothFairy*®, volunteer to teach a lesson on oral health to a young audience using the Kit. You might consider a local daycare or elementary or middle school.
- Contact a local dental practice or ask *America's ToothFairy*® to help connect you to one. Visit the practice or hear the dental professional speak to your troop. Write-up a brief report on your experience and share it with your troop and *America's ToothFairy*®



### Take Action

- Host or participate in an *America's ToothFairy*® Smile Drive. Collect "Tools for Teeth" (such as toothbrushes, toothpaste, mouthwash, and floss). Identify a local group or organization that can distribute the donations to underserved children.
- Write a Thank You letter to someone who taught you about or helps you maintain good oral health habits. Tell them why you are thankful.
- Write a Letter to the ToothFairy about your ToothFairy Patch Program Experience. Mail it to:

Dear ToothFairy 4108 Park Rd, Suite 300 Charlotte, NC 28209

## **Contact Us!**

- Website: www.AmericasToothFairy.org
- **Phone:** (800) 559-9838
- Email: kcorrell@ncohf.org; gweaver@ncohf.org
- Patch Order Form: http://www.ncohf.org/ourprograms/registered-users/girl-scouts-boyscouts/scout-patch-form