

Pre-Lesson Questions for Middle & High School Students (Grade 6th-12th)



Student Name: _____

Multiple Choice

Choose one answer and circle it.

1. How often should you brush your teeth?
 - A. Once per day
 - B. Twice a day
2. How long should you brush your teeth?
 - A. One minute
 - B. Two minutes
3. How often should you floss your teeth?
 - A. Once a day
 - B. Once a week
4. How often should you visit the dentist?
 - A. Once a year
 - B. Twice a year
5. Having a healthy mouth is as important as having a healthy body.
 - A. Yes
 - B. No
6. Having a healthy mouth can positively impact my future.
 - A. Yes
 - B. No
7. Water is healthier for my teeth than soda or a sports drink.
 - A. Yes
 - B. No
8. Eating a healthy diet including fruits and vegetables impacts my teeth and my overall health.
 - A. Yes
 - B. No

Post-Lesson Questions for Middle & High School Students



Student Name: _____

Multiple Choice

Choose one answer and circle it.

7. How often should you brush your teeth?
 - A. Once per day
 - B. Twice a day
8. How long should you brush your teeth?
 - A. One minute
 - B. Two minutes
9. How often should you floss your teeth?
 - A. Once a day
 - B. Once a week
10. How often should you visit the dentist?
 - A. Once a year
 - B. Twice a year
11. Having a healthy mouth is as important as having a healthy body.
 - A. Yes
 - B. No
12. Having a healthy mouth can positively impact my future.
 - A. Yes
 - B. No
7. Water is healthier for my teeth than soda or a sports drink.
 - A. Yes
 - B. No
8. Eating a healthy diet including fruits and vegetables impacts my teeth and my overall health.
 - A. Yes
 - B. No

Follow Up Questions for Middle & High School Students



Student Name: _____

Multiple Choice

Choose one answer and circle it.

13. How often do you brush your teeth?

- A. Once per day
- B. Twice a day

14. How long do you brush your teeth for?

- A. One minute
- B. Two minutes

15. How often do you floss your teeth?

- A. Once a day
- B. Once a week

16. How often do you visit the dentist?

- A. Once a year
- B. Twice a year

17. Having a healthy mouth is as important as having a healthy body.

- A. Yes
- B. No

18. Having a healthy mouth can positively impact my future.

- A. Yes
- B. No

7. Water is healthier for my teeth than soda or a sports drink.

- A. Yes
- B. No

8. Eating a healthy diet including fruits and vegetables impacts my teeth and my overall health.

- A. Yes
- B. No

