

Post Procedure Makeup Rx

Facial Injections (Botox, Restylane, Radiesse, Sculptura)

Possible Visible Side Effects: Swelling, bruising, redness, and discoloration at the injection site

Makeup RX: Makeup can be applied immediately following injections.

- Swelling: Minimize the look of swelling by avoiding light reflective (shimmer, metallic or glossy) products on areas that appear swollen. Contour or matte bronzer will help diminish the volume from facial swelling. Swelling and bruising in lips can be minimized with darker or matte colors.
- Bruising: Bruising from injections is generally small and can be covered with concealer or foundation. To ensure full coverage, layer product over the bruise, powder and repeat until its full concealed.
- Redness: Redness is uncommon and usually temporary. Avoid adding pinks and rosy tones to the skin which can enhance the redness. Use neutral and warmer tones to counteract any temporary discoloration.

Skincare Facial Treatments (BBL Photofacial, NanoLaserPeel/Laser Resurfacing, HydraFacial, Chemical Peel)

Possible Visible Side Effects: Redness, discoloration, inflammation, swelling, and skin peeling.

Makeup RX: Treatment provider will advise when makeup can be applied post-treatment.

- Skin Peeling: Prior to makeup application, trim excess skin with manicure scissors – do not peel the skin with fingers as this may promote delayed healing and/or scarring.
- Apply generous amount of moisturizer and sunscreen in a pressing motion (avoid rubbing) on the skin. Apply powder foundation (avoid liquids) in a “stippling” motion to the skin to prevent the skin from shedding.
- Redness & Discoloration: If redness is moderate to severe, “whitewash” the face with a shade of makeup 1 shade lighter than usual foundation color. Use full coverage foundation or concealer and apply in stippling motion with brush or sponge. Green tinted primer or concealer can also be applied to counteract the redness prior to applying makeup. If redness is minimal apply makeup as usual but avoid adding pinks and rosy tones to the skin. Use neutral and warmer makeup colors to counteract the temporary discoloration.
- Inflammation & Swelling: Minimize the appearance of facial swelling with matte foundation and powder. Shimmer formulas will enhance the look of puffiness and inflammation. Apply contour to add subtle definition to the face and minimize the look of swelling.

Facial Surgery (Facelift, Eyelid Surgery, Rhinoplasty)

Possible Visible Side Effects: Swelling, bruising, redness, discoloration, and scarring.

Makeup RX: Physician will advise when makeup can be applied post op.

- Swelling: Minimize the appearance of eye and/or facial swelling with matte formulas. Metallic and shimmer textures will enhance the look of inflammation. Apply contour to add subtle definition to the eyes or face to minimize the look of swelling.

- **Bruising:** If you're in stage one of your bruise (i.e., purple/blue), use an apricot-toned concealer to counteract discoloration. If the bruise is more of a green/yellow hue use pink based concealer to correct the sallowness.
- **Redness & Discoloration:** If redness is moderate to severe, “whitewash” the face with a shade of makeup 1 shade lighter than usual foundation color. Use full coverage foundation or concealer and apply in stippling motion with brush or sponge. Green tinted primer or concealer can also be applied to counteract the redness prior to applying makeup. If redness is minimal apply makeup as usual but avoid adding pinks and rosy tones to the skin. Use neutral and warmer makeup colors to counteract the temporary discoloration.
- **Scarring:** For raised scars use a concealer slightly darker than the natural skin shade applied to the center of the scar, and a lighter concealer than the natural skin shade applied to the sides of the scar. Do not blend. Carefully apply the appropriate color foundation shade over the scar with a pressing motion. Follow with powder to set.
For hyperpigmented scars use a concealer dark enough to conceal the scar (usually 1 -2 shades darker than your skintone) but light enough to be “lifted” with your foundation shade. Apply concealer to scar first, set and then apply foundation over to using a stippling motion.

Let us know if you'd like our on-staff makeup expert to offer personal recommendations or a makeup lesson.